

# Care Management Plan

## India



### OVERVIEW

#### Company Mission

Our company mission is to make it the norm for men and women from developed countries to live and work as volunteers in a developing country; they should work on projects which have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire.

#### Care Programme Mission

Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development.

#### Background Information

India is signatory to the United Nations Convention on the Rights of the Child (UNCRC) since 1992 and has made some progress in promoting the rights of children. It has promulgated legislations against child labour practices and issues related to child trafficking. With the backdrop of UNCRC and Indian government initiatives, the Projects Abroad country specific mission is to focus on child development and protection.

The children we work with are aged 0-18 years, live in poverty, have learning disabilities or special needs, come from difficult circumstances or live with HIV/AIDS. The following needs have been identified for these children:

- Confidence level in children must be improved
- Children have to be respected and corporal punishment removed
- Children's personal hygiene, nutrition and health must be improved
- Children need improved communication skills
- Children need extra stimulation activities

## Partners

Projects Abroad works with various partners in Jaipur, India. Some of them are mentioned below:

- **Jan Kala Sahitya Manch Sanstha** (JKSMS) is a social organisation that has been working in rural and urban areas of Rajasthan State in India since 1983. They focus their efforts on social development, rehabilitation, protection and empowerment of children, women and the poorest members of society by promoting sustainable livelihood opportunities. These include various artisan skills and trades. The organisation believes in the universal right to dignity, as well as the right to survival and self-respect through opportunities for personal growth and development. They have a shelter for boys, and one for girls. Both are there to support runaways, children living on the streets, orphans, missing children, and those affected by natural disaster.
- **Shrestha Street & Working children** is an NGO working for the mainstreaming of street and working children in Jaipur. Every day, Shrestha collects children from the nearby slums in Prem Nagar and brings them to the Non-formal education centre where they are taught basic education, sports, arts and crafts. These children have never received education because they usually belong to the families who earn their living by begging. But Shrestha believes children should neither beg nor work.
- **Disha Foundation** is a resource centre for children with multiple disabilities. It is a non-profit voluntary organization that was started in 1995. Disha's vision is of a society with equal opportunities for all, and love and understanding of the need for providing opportunities for children with multiple disabilities. Its interventions range from education to support to training and rehabilitation. With its 'inclusive approach' it aims to facilitate specific action and practices that integrate and include people with disabilities in all areas of life.

## GOALS

In order to work towards our Care programme mission, we have set the following goals to achieve in the placements where we send volunteers:

### 1) Improve English \*\*\*Priority goal\*\*\*

Having a good understanding of English can vastly improve a child's chance of finding work opportunities when they reach adulthood. Volunteers improve the standard of English by creating reading clubs, learning aids and providing one-on-one support.

### 2) Promote early childhood development \*\*\*Priority goal\*\*\*

Early childhood is the period from birth to eight years of age. It is critical to a child's cognitive, social, emotional and physical development.<sup>1</sup> Early education and preschool programmes enhance children's language and maths test scores, behavioural skills and long-term educational attainments.<sup>2</sup> Volunteers promote the four key areas of early childhood development (physical, social, emotional and learning) by designing visual and practical learning aids and workshops.

### 3) Improve hygiene levels of the children

Educating children about personal hygiene will improve their general health and wellbeing. Volunteers systematically monitor the environment at the care centres in order to identify areas for improvement. It usually just takes a systematic approach and some basic monitoring practices to improve the

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<sup>1</sup> [http://www.unicef.org/lac/Inequities\\_in\\_Early\\_Childhood\\_Development\\_LoRes\\_PDF\\_EN\\_02082012\(1\).pdf](http://www.unicef.org/lac/Inequities_in_Early_Childhood_Development_LoRes_PDF_EN_02082012(1).pdf)

<sup>2</sup> [http://siteresources.worldbank.org/EDUCATION/Resources/278200-1099079877269/547664-1099079922573/ECD\\_LAC.pdf](http://siteresources.worldbank.org/EDUCATION/Resources/278200-1099079877269/547664-1099079922573/ECD_LAC.pdf)

hygiene standards. Making the environment they live or learn in more hygienic will also help to prevent sickness and therefore aid them in other areas of their development.

#### **4) Increase emotional support and care to children**

Many children in India grow up without one or both of their parents. They are often left at home or in institutions with little stimulation or company. Children without parental care are at a higher risk of discrimination, inadequate care and abuse.<sup>3</sup> Volunteers increase emotional support by providing a platform for children to express themselves through workshops and games.

#### **5) Improve the level of stimulation to each child**

Many of the children in childcare are restricted to a small living space and do not have access to extracurricular activities. Volunteers improve the level of stimulation to each child with planned creative activities that provide extra physical and mental exercises.

## **LOCATION**

Projects Abroad's office and placements are located in the city of Jaipur, state of Rajasthan.

*Courtesy of: Google Maps*



<sup>3</sup> [http://www.unicef.org/publications/files/Children\\_and\\_the\\_MDGs.pdf](http://www.unicef.org/publications/files/Children_and_the_MDGs.pdf)

## RESOURCES

- 150 volunteers per annum
- Resources from Myprojectsabroad
- Books, stationery, PCs and Internet access
- Programme Manager and Care Coordinator to support both volunteers and partners
- Partners will be trained periodically on goals and objectives of the care project
- Volunteer assisted workshops and outreaches

## MONITORING & EVALUATION

- Regular feedback from partners including weekly volunteer/staff/placement meetings
- Onsite visits by staff
- Annual report form partners
- Feedback from Projects Abroad staff
- Volunteer workshops/ discussion sessions – attendance, feedback and significant outcomes to be tracked each week by staff
- Volunteer Debriefing forms and End of Placement Feedback forms
- Children's feedback in line with United Nations Convention on the Rights of the Child – Article 12 regarding a child's right to participation
- Biannual Placement Evaluation Feedback
- Test results
- Health check-up results

<b>Projects Abroad</b>				
<b>Care Programme - India</b>				
		<b>INDICATORS</b>	<b>MONITORING</b> (MEANS OF VERIFICATION)	<b>ASSUMPTIONS</b>
<b>Company Mission:</b> (the change we want to see in greater society)				
Our company mission is to make it the norm for men and women from developed countries to live and work as volunteers in a developing country; they should work on projects which have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire				
<b>Care Programme Mission:</b> (the change we want to see for the target group)				
Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development		2014 is the implementation and mind-set changing year. Head Office-led status reviews will take place every 3 months. We expect to have the foundations of the new Care programme in place by the end of 2014	1. Onsite visits 2. Placement staff feedback 3. Projects Abroad staff feedback 4. Volunteer feedback (DQs & EOPF) 5. Children feedback 6. Test results	1. Number of volunteers does not drop considerably 2. Number of volunteers with a good grasp of English does not drop considerably 3. Political and civil stability in the countries we work 4. No natural disasters that could affect our work
<b>Goal 1: (Priority)</b>				
<b>IMPROVE ENGLISH</b>				
	Actions:			
1.1	Each volunteer to hold 2 Reading Club sessions (after school reading) classes per week at their placement			
1.2	For a minimum of 1 hour per week research and document new learning and teaching aids			
1.3	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis			
1.4	Produce 2 new learning aids each month to improve English vocabulary			
1.5	Set small goals and targets for each child like learning 3 words daily			

1.6	Record on a weekly basis activities and resources that are successful with the child			
1.7	One-on-one lessons for under performers			
1.8	Create visual learning aids on the placement walls and make sure these are updated every month			
1.9	Create a lead volunteer system where the experienced volunteer advises and mentors the new volunteers			

## Goal 2: (Priority)

### PROMOTE EARLY CHILDHOOD DEVELOPMENT

	Actions:			
2.1	For a minimum of 1 hour per week research and document new learning and teaching aids to focus on the 4 key areas of ECD			
2.2	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis, including profile of child, learning ability, test results, etc.			
2.3	Run 1 workshop per month for volunteers on early childhood development, especially attachment theory			
2.4	Create weekly activity timetables to focus on 4 key areas of ECD			
	i. Physical - morning exercise, sport and dancing			
	ii. Social - introduce team games and group activities			
	iii. Emotional - meditation and counselling			
	iv. Learning - classroom activities			
2.5	Volunteers to have weekly meetings with the caregiver to assess what the placement needs for the following week			
2.6	Create visual learning aids on the placement walls and make sure these are updated every month			
2.7	Engage children in regular games and activities to improve their attention span			
2.8	Create a behavioural chart and update daily for all children in order to identify and monitor the times when the children are most challenging			
2.9	Introduce creative activities each day to help develop motor skills			

## Goal 3:

### IMPROVE HYGIENE LEVELS OF THE CHILDREN

	Actions:			
3.2	Give 2 lessons per month to children about personal hygiene like brushing their teeth and hand washing			
3.3	Each day allocate a time to check placement is clean and safe (no harmful object or hazards)			
3.4	Create and carry out a daily cleaning roster for each placement			
3.6	Do basic hygiene checks 3 times per day (before meal time and bed)			

Goal 4:				
INCREASE EMOTIONAL SUPPORT AND CARE TO CHILDREN				
	Actions:			
4.1	Establish a weekly chores roster for each placement including cleaning, feeding, bathing and nap time			
4.2	Run 2 workshops per year on sexual abuse and child safe practices			
4.3	Increase awareness of signs of child abuse			
4.4	Ensure all volunteers receive a copy of our Child Protection Policy			
4.5	Ensure no child is left by themselves for a substantial length of time by doing headcounts when each new activity starts and ensuring children have activities to engage in during break times			
Goal 5:				
IMPROVE THE LEVEL OF STIMULATION TO EACH CHILD				
	Actions:			
5.1	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis, including profile of child, learning ability, test results, etc.			
5.2	Engage children in regular games and activities to improve their attention span			
5.3	Create a behavioural chart and update weekly for all children (in order to identify and monitor the times when the children are most challenging)			
5.4	Introduce creative activities each day to help develop motor skills			
5.5	Create a rota for one-on-one remedial classes special children and slow learners			
5.6	Engage children in games and activities to improve their attention span			